

# THE NOR-BU NEWS



April 2021

Lodge web address [www.norbulodge.org](http://www.norbulodge.org)

Lake Telemark, NJ

Volume 17 issue 4 **NOR-BU LODGE SUPPORTS A DEMENTIA FRIENDLY SOCIETY**



B.U.L Cabin  
Lake Telemark, New Jersey  
Pen and Ink Sketch by Don Tripp '94

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway and to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

President ..... Audun Gythfeldt.....570-646-3817  
Vice President . Joe Zarnitz.....973-267-2052  
Counselor ..... Evelyn Hammaren .....973-584-8249  
Secretary ..... Irma Bergland Lafko...973-983-9479  
Financial Secy . Grethe Zarnitz.....973-267-2052  
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92 West Shawnee Trail, Wharton, NJ 07885-2923  
[anne@smallworld-travel.com](mailto:anne@smallworld-travel.com)

Rental of the cabin can be made by contacting  
Barbara Samuelsen at 973-586-8454  
Checks for rentals made out to **BUL**, Inc

MEETINGS HELD AT BUL CABIN

21 Oslo Dr., Lake Telemark, NJ, **ONLY FOR GPS NOT MAIL**

**Deadline for submission of materials for publication is the 20<sup>th</sup> of the month prior. PLEASE NOTE!**

**Nor-Bu** is on Facebook at Nor-Bu Lodge.

Check our website. [www.norbulodge.org](http://www.norbulodge.org)

## APRIL EVENTS

**April 17th, 6:30pm**

Business meeting  
Discussing future 2021 events  
Sub-sandwiches \$5.00

**April 24th, Saturday**

**10:00am - 12:00pm**

**Spring Food Sale**

see info inside paper

## FUTURE CALENDAR PLANS

**May 15th, 6:30pm**

May 17th Celebration

Norwegian Kjøttkake Dinner  
(meatballs)

With appetizers and dessert

We will have music—no dancing

See more info inside

**June 23 6:00pm?**

Bon Fire at 7:00pm

Planning Hamburgers/Hot Dogs

**Aug 22, 2:00pm Picnic**

Hamburgers, Hot Dogs

We will have some games





## April 2021 MESSAGE



After an extremely difficult year it is not unreasonable to think that life is slowly coming back to what we would call normal. Infections and death from COVID-19 are coming down significantly, and optimism is spreading. And of course, the vaccine is little by little, reaching the people, which again makes people dare to lead a somewhat more normal life. While there were obvious problems in the way the pandemic was handled in this country, vaccines became available early and in great numbers. However, here is where I, and many with me see and experience problems. It was known last Fall that the vaccine would likely be available by the end of the year, and so it was. But as far as I can tell, plans for how to get the vaccine into people's arms were lacking. I, and many with me, had no clue as to how to get the vaccine. I saw no general information as to what I should do. Some of my friends said they saw something on the net. While internet is a useful way of advertising, we should keep in mind that the elderly was a prioritized group, and many elderly people do not have computers. Was the information displayed in other media? Maybe it was, but I sure did not see it. The way I got vaccine information was by word of mouth, giving me a hint on where to sign up. It worked and I had my first shot and will have the second before you read this newsletter. But seriously, this is no way of informing people of how to get vaccinated against a life-threatening virus. A general information campaign that included internet as well as TV, radio and the printed press could and should have been organized.

I was lucky to have a friend who had an idea of what to do. What also happened was that there were people who had contacts who could get you an appointment. Members of Nor-Bu experienced that through Joe and Grethe Zarnitz, who through their contact got more than 200 people vaccinated! It should not have been their job to do what they did, but let us be glad that we have caring people like Joe and Grethe. You are true heroes. And so is my friend who got me on the track to vaccination, our District Secretary, Jeanne Addison.

With vaccinations ramping up, it is my hope that we will get back to having regular meetings at the Cabin again. Our March corned beef and cabbage dinner was certainly a great start to what hopefully will soon become a more normal life.

Fraternally,

**Andun**





*17 mai celebration on May 15th, 6:30pm  
Due to Covid we still need to restricted  
foodd serving we will have a Norwegian  
kjøttkake dinner and appetizers, followed  
by dessert and coffee. \$20.00 BYOB  
We will have Ed Hendela playing music  
but no dancing.*

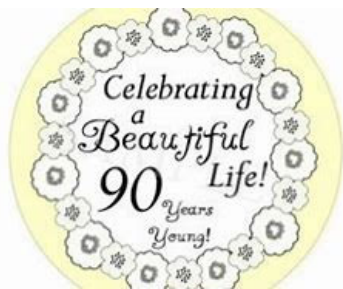


*Reservations a must (limit to 56 people)  
Reserve at email [anne@smallworld-travel.com](mailto:anne@smallworld-travel.com)  
or 973-663-1070 Anne-Lise Meisner*

### Special Birthday Congratulations

We are celebrating our 90 plus  
members for April

Morten Jorgensen 99



### PBS TV SPECIAL

9:00pm every Sunday in April

Norway's Royal family visits FDR during WWII.

Apr. 4, Visit of family with FDR 1939

Apr. 11, Atlantic crossing of royal family.

Apr. 18, FDR extends special invite to Crown Princess  
Martha and children.

Apr. 25, Crown Princess Martha uses her influence to  
push the Lend Lease Act.

Total 8 showings continue into May.

### Holy Trinity Lutheran Church



508 Green Pond Road • Rockaway, NJ 07866  
973-625-0110  
[HTLchurch@gmail.com](mailto:HTLchurch@gmail.com)  
[www.rockawaylutheran.org](http://www.rockawaylutheran.org)

**Sunday Worship Sunday School 11 am**

**Pastor Jack DiMatteo**

Communion is celebrated every Sunday.  
The 2<sup>nd</sup> Sunday of each month is our  
Contemporary Service.

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973-663-1070  
anne@smallworld-travel.com

Although things are uncertain  
it can be a good time to think about what you  
may like to do for vacation when this is all  
over. We can help.  
Give us a call.



## TUBFRIM

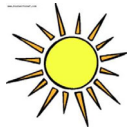
Please note: Evelyn Hammaren will collect the  
stamps that our members collect for Tubfrim.  
Bring your stamps to the lodge.  
She will continue to take care of sending them on  
So that they can be sent to Norway.

## Gratulerer med Dagen

Maureen Cooper  
Frank Brescher  
Anveig Brusky  
Morten Jorgensen  
Kari Borrero  
Kent Hansen  
Stanley Kjekstad  
Neil Pedersen  
Zachary Karpack  
Bjorg Buschegger  
Arthur Crane, Jr.  
Norman Halls  
Joseph Zarnitz  
Karl Olsen  
Melissa Huizenga  
Sarina Spector  
Deborah Cody  
Thomas Thompson  
Kari Brescher  
Nancy Kildal-Brandt  
Louise Scantlebury  
Keeko Gythfeldt  
Ingrid Davidsen  
Diane Phillips  
Thomas Dobbins  
Joanne Schaper  
Darcy Baadshaug  
Bill Karpack  
Brita Kirsten Andersen

## GOD BEDRING

We would like to send get well wishes  
to Rita Kugler, Bill Nostrand, Marilyn Pettersen,  
Hessie Kjekstad,



## NOTIFY Your Sunshine Lady

Sister Evelyn Hammaren,  
973-584-8249 ASAP if you know of anyone who is sick, or if  
you wish to extend congratulations to someone,  
For whatever reason It only takes a minute to call.

## SHOPRITE CARDS



We are still selling Shop-Rite Gift cards  
You can call Evelyn Karpack at  
973-479-5526 to request them.  
Then, simply mail a check to Nor-Bu Lodge,  
PO Box 317, Hibernia, NJ 07842.  
She will then mail the cards back to you.  
Let her know the amount \$50, \$100 or more.

## LANGUAGE CLASSES

In an effort to keep some of our members  
together in a virtual fashion, Kari Brescher  
is holding Norwegian language classes on  
Zoom every week or every other week as  
needed.

You can contact Kari by phone  
at 973-627-6334 or by email  
at karifbrescher@gmail.com.

Several of our members have found this  
Zoom contact to be enjoyable and in  
some way able to keep the Nor-Bu Lodge  
contact alive.

Please consider joining the classes.  
You may find it very enjoyable.  
See picture of class members in the  
Viking Magazine.

### 3D President Letter - April

Well, here we are, in most of our Third District Spring is starting to arrive, I am skeptical to say spring has sprung as we are still having cool spells during the morning hours, but it's a new beginning and things have gotten a little better. I hope that everyone is trying to stay safe and healthy as possible. As of this time the restrictions and the guidelines from my State (Pennsylvania) are still in effect. So, we are limited as to what we can or can't do as a lodge. Vaccines are being given out and hopefully you will soon be able to be vaccinated. At some point in time, we will be back to our normal meet and greets, programs and events. But first and foremost, I hope you and your families are staying safe and warm.



While some lodges have not been meeting in person, we are fortunate to live in a time that the technology is available that allows us to keep connected remotely. Communicating remotely keeps our members safe. The Zoom application can be a valuable tool for your lodge. The lodge can apply for Fraternal Funds for the yearly cost of the Zoom. Ask any District Board member how to apply. We want to keep our lodges connected via any means deemed safe by the states. We as a Third District Board will continue to host remote meetings as needed, but will also prepare for the traditional in-person meetings as we keep a close eye on the COVID situation. In addition, I am engaging other Districts via District President's Advisory Council to share ideas and look into new and better ways to provide member services during these times. However, your current lodge board cannot do it alone. We are going into this year with multiple vacant board positions unfilled. Lodges are totally run by volunteers. Your lodge may need your help in order to provide the support and services your lodge deserve. Volunteering for your lodge should not be thought of as just a job to do, but as an opportunity to gain skills and knowledge. We all have to do our part to maintain a successful lodge. Look into sharing a role. One or two extra people will make light work of positions. You can add lodge members to help others in positions or to a vacant position, just let our District Secretary know so we can update the directory. TEAM-WORK Together Everyone Achieves More.

Thanks to all of you who have, and are, working so hard for your Lodge and our Third District. It is your individual and collective efforts that will continue to make us successful.

Fraternally, Kathy



### Lawn Mower

**With spring not too far away the lodge is in need of a riding lawn mower. If any one knows of someone wanting to sell or donate a used mower in good shape, we would appreciate it if you could contact me, Anne-Lise at 973-663-1070 or by email at [anne@smallworld-travel.com](mailto:anne@smallworld-travel.com).**

### SPECIAL FOOD ORDERS FOR CHRISTMAS

In order for the wholesaler to order the Freia chocolates, (meaning firkløver and milk chocolate) they need to get enough preorders to be able to fill their minimums. That means that many lodges need to pre order chocolate. I have requested some but need to know if I need to increase our order. So I ask anyone interested in buying this chocolate to let me know how many they want.

We also need to include orders for Marzipan pigs and Kong Haakon chocolate for Christmas.

I know this is early but I need your responses in time so that I can place the order with them by June. They need to place their orders with Norway very early.

Please respond to me Anne-Lise Meisner, by email [anne@smallworld-travel.com](mailto:anne@smallworld-travel.com)



*The folks that help bring you the newsletter.*  
**Booster Club Members**

Norman & Nancy Ambjor.....	3/2022
Stuart Anderson.....	12/2021
Kristine Anker-Kaufmann.....	9/2022
Dorothy Furst Bahnatka.....	7/2023
Kari & Frank Brescher.....	5/2021
Anne-Lise Henriksen Carew.....	3/2023
Jeff & Debbie Dirgo.....	9/2024
Marit Fosstveit .....	4/2022
Gail Garnett.....	11/2021
Peggy Gerding.....	6/2021
Audun Gythfeldt.....	5/2023
Norman & Jean Halls.....	8/2022
Barbara Hanenberg.....	5/2021
Ellen Hantho.....	3/2023
Vega & Arthur Hendela.....	4/2024
Henny Henriksen.....	12/2021
Barbara & Peter Johanson.....	12/2021
Stan & Hessie Kjekstad.....	2/2022
Irma Bergland Lafko.....	11/2021
Debbie Landvik Larsen.....	4/2022
Joe & Barbara Lehner.....	8/2022
Bjorg Lema.....	11/2021
Gerda Lindstrom.....	3/2022
John & Claire Loken.....	9/2021
Viola Murillo.....	6/2021
William Nostrand.....	3/2021
Mary & Harry Ostevik .....	1/2022
Charly Pedersen.....	5/2021
Neil Pedersen.....	10/2021
Marilyn Pettersen.....	1/2023
Judy & Eugene Randazzo.....	12/2022
Gunvor Satra.....	1/2023
Ray and Carol Schutz.....	9/2021
Barabara & Roy Selland.....	6/2022
Joanne Schaper.....	12/2021
Kevin Smith.....	2/2025
Elsie Svaasand.....	1/2022
Joyce Svendsen.....	12/2021
Mari Svensen .....	2/2022
Angie Thompson.....	1/2022
Austin Thompson.....	1/2022
Joanne Thompson.....	1/2022
Robert & Mary Thompson.....	1/2022
Gwyn Anne Thompson.....	1/2022
Mary Ellen Thompson.....	1/2022
Garth Eric Thompson.....	1/2022
Gindy Dale Thompson.....	1/2022
Garon Keith Thompson.....	1/2022
Gayle Elaine Thompson.....	1/2022
Heather Thomson.....	1/2022
Jason Thompson.....	1/2022
Laura Thompson.....	1/2022
Thelma Thompson.....	1/2022
Barbara & Karl Peter Thorsen.....	4/2024
Richard & Ellen Tonnesen.....	10/2021

**You to can be a booster too! Adding your name to the booster list helps to pay for mailing and printing. \$ 10.00 donation to the Treasurer will put you on the list! Make Check out to Nor-Bu Lodge.**

**Mail to:**

**Anne-Lise Meisner, 92 W. Shawnee Trl., Wharton, NJ 07885**

**Memorial Boosters**



Margaret Gythfeldt	October 2022
Daniel Lema	October 2021
Arne & Ingeborg Strom-Henriksen	April 2021
Arne Landvik-Larsen	December 2022
Arnt & Solveig Walaas	April 2028
Louise Scantlebury	June 2021
Ruth & Ivar Skavnes	October 2021
Eileen Anderson	December 2021

The members of Nor-Bu Lodge would like to extend their condolences to the family and friends of Ingebjorg Baadshaug who entered the Lodge Eternal recently. Ingebjorg and her husband and family have been involved with Nor-Bu Lodge for many years.



## NOR-BU LODGE SPRING FOOD SALE

### CHEESE

Blended Gjetost \$9.00

Nøkkelost (limited) as marked

Norvegia sale 25% off as marked

Snøfrisk \$3.75

Gulost \$9.50

### CANDY

Selskap Chocolate \$4.75

Dronningen Chocolate \$4.75

Gullbrød \$4.50

Mokkabønner \$8.50

Laban (seigman) \$6.50

Marsipan piglet \$4.50

### FISH

Fish Balls \$7.00

King Oscar tidbits \$2.75 dill or sherry

Mackerel Filets \$3.75

Herring \$3.50

### OTHERS

Lingonberries (jar) \$5.50

Lingonberries (pail) \$14.00

Rødkål \$3.50

Surkål \$3.00

Vanilla Sukker \$5.00

Mr.s Olsen's Lefse \$4.50

Solo \$3.00

You will need to pre-order. Some items are very limited. Please send your order to Anne-Lise Meisner at email [anne@smallworld-travel.com](mailto:anne@smallworld-travel.com) or call 973-663-1070.



### "Nor-Bu Nordic Ski & Outdoor Club".

Dawn Green and Jill Hammaren, have come up with an idea to create events to get together with other members to do stuff outdoors like cross-country skiing, walks and hikes. Jill and Dawn have been talking about this for a while. They will organize all levels of walks/ hikes considering the various needs and interests of Nor-Bu members.

They have already started with cross country skiing at High Point for anyone who might be interested. Anyone having any other ideas for outdoor activities that could be of interest to our members are asked to contact Dawn at [dawngreen68@gmail.com](mailto:dawngreen68@gmail.com) or at 650-908-8520.

With all of us having been pretty much cooped up inside for almost a year, this might be a way for us to get out and be able to do things and to be together with some of our members.



REVISED 3/10/21

*Join us for the*

**Norwegian American 17<sup>th</sup> of May Committee  
Outdoor Family Picnic Celebration**

Sunday May 16<sup>th</sup> 11:00 AM-6:00 PM (Rain or Shine)

***\$60 Adults, \$40 Young Adults (14-20), \$20 Kids 7-13 and Under 6 FREE***

**Breakfast, Lunch and Dinner!**

Bagels, Danishes, Coffee, Hamburgers, Hot Dogs, Sausage and Peppers, BBQ Chicken, Roast Beef, Fries and Salad Bar. Watermelon and Ice Cream.

Beer, Wine and Soda included. Cash bar available

Ron Stubbings, the Sons of Norway International President as our Guest speaker

Music provided by Jeannie Erikson-Widman-Andersen of Smörgåsbandet

Games, Raffles, Viking Ship rides

**Nansen Lodge**

3465 Victory Blvd, Staten Island, NY 10314

**This event will be held outside and Covid regulations will be maintained**

Reservations are a must

Please RSVP no later than May 1st Payable and send to: The Norwegian American 17th of May Parade Committee, P.O. Box 691, Staten Island, NY 10302

Lillian Eidhammer 347-277-2630 @eidhammer8@aol.com

**\*\*Our next Parade will be held May 15<sup>th</sup> 2022\*\***