

# THE NOR-BU NEWS



May 2021

Lodge web address [www.norbulodge.org](http://www.norbulodge.org)

Lake Telemark, NJ

Volume 17 issue 5

**NOR-BU LODGE SUPPORTS A DEMENTIA FRIENDLY SOCIETY**



B.U.L Cabin  
Lake Telemark, New Jersey  
Pen and Ink Sketch by Don Tripp '94

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway and to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

President ..... Audun Gythfeldt.....570-646-3817  
Vice President . Joe Zarnitz.....973-267-2052  
Counselor ..... Evelyn Hammaren .....973-584-8249  
Secretary ..... Irma Bergland Lafko...973-983-9479  
Financial Secy . Grethe Zarnitz.....973-267-2052  
Social Director Elisabeth Nilsen.....908-283-1295  
Cultural Director Deb Landvik-Larsen..973-442-4642  
Treasurer ..... Anne-Lise Meisner.....973-663-1070  
Editor.....Anne-Lise Meisner.....973-663-1070  
92 West Shawnee Trail, Wharton, NJ 07885-2923  
[anne@smallworld-travel.com](mailto:anne@smallworld-travel.com)

Rental of the cabin can be made by contacting  
Barbara Samuelsen at 973-586-8454  
Checks for rentals made out to **BUL**, Inc

MEETINGS HELD AT BUL CABIN

21 Oslo Dr., Lake Telemark, NJ, **ONLY FOR GPS NOT MAIL**

**Deadline for submission of materials for publication is the 20<sup>th</sup> of the month prior. PLEASE NOTE!**

**Nor-Bu is on Facebook at Nor-Bu Lodge.**

Check our website. [www.norbulodge.org](http://www.norbulodge.org)

## MAY EVENTS

**May 15th, 6:30pm**

May 17th Celebration  
Norwegian Kjøttkake Dinner  
(meatballs)

With appetizers and dessert  
We will have music  
but no dancing  
\$20.00 BYOB

See more info inside

## FUTURE CALENDAR PLANS

**June 23 6:00pm**

Bon Fire at 7:00pm  
Planning Hamburgers/Hot Dogs

**Aug 22, 2:00pm Picnic**

Hamburgers, Hot Dogs  
We will have some games



See fall schedule inside

**Fra presidenten**

**May 2021 MESSAGE**



With vaccines available to the extent that virtually everybody over the age of 16 can now get it, a feeling of optimism is slowly spreading, giving our members the hope that we may soon be able to return to activities like before COVID. And with that we are also starting to think about the bigger events like conventions. The 2020 conventions were understandably postponed for two years and the sitting board members had their terms extended for the same period. All well and good I would say. But then not too long ago I saw that a decision had been made that the 2022 International Convention will not be in Norway but in the Minneapolis area. The reason given was that it would cost over \$100,000 more to have it in Norway. This is where I get a problem. Legally the International Board can hide behind a paragraph in the Constitution saying that the venue for the International Conventions is decided by the International Lodge or the International Board. But that paragraph in the Constitution does not give the International Board the authority to overrule the International Lodge, which is after all still our highest decision-making authority. The terms of office at International and District levels were extended for two years, and one would expect that the original host of the International Convention would also remain as host in 2022 provided they wanted it and that there was not any practical reason to prevent it. And the cost reason given is misleading also. Fairly soon after joining the Board as International Director, I suggested to the International Board that we discuss having the International Convention in Minneapolis every second or third time. Before I brought this up, we were told that having the Convention anywhere outside Minneapolis would cost \$100,000 more. The suggestion did not go far because Minneapolis members said that there were not enough lodges in the area, and the HQ people said that they would not be able to be involved in hosting conventions as they would have enough with their own preparations.

The decision made about the 2022 convention could really be said to mean that lodges in District 8 will not again be allowed to bid for a convention. That being the case, I ask: what about lodges in districts 2, 3, 6, 7 and parts of districts 1 and 4, will they be allowed to bid and host a convention?

There is nothing wrong in discussing parameters for hosting conventions, in fact, it is probably something worth doing given the costs involved. If discussion leads to need for changes, these changes should of course, be made by the International Lodge. What happened this time was that the International Board made a decision which I for one call questionable, in fact I will say that the Board overstepped its authority.

Fraternally,  
**Audun**





*17 mai celebration on May 15th, 6:30pm  
 Due to Covid we still need to restrict  
 food serving. We will have a Norwegian  
 kjøttkake dinner and appetizers, followed  
 by dessert and coffee. \$20.00 BYOB  
 We will have Ed Hendela playing music  
 but no dancing.*



*Reservations a must (limit to 56 people)  
 Reserve at email [anne@smallworld-travel.com](mailto:anne@smallworld-travel.com)  
 or 973-663-1070 Anne-Lise Meisner*

## NOR-BU LODGE FALL SCHEDULE

### September

Scanfest  
 Zone meeting Bernt Balchen  
 Board meeting  
 Business meeting/Program

Sunday, September 5<sup>th</sup> at 10am-5pm  
 Sunday, September 12th at 1:00pm  
 Saturday, Septembet 18th at 5: 30pm  
 Saturday, September 18<sup>th</sup> at 6:30pm

### October

Memorial Service  
 Cultural night/Program

Sunday, October 3rd at 2:00pm  
 Saturday, October 16<sup>th</sup> at 6:30pm

### November

Tricky Tray  
 Board Meeting  
 Business meeting, program

Sunday November 14th at 2:00pm (TBD)  
 Saturday, November 20<sup>th</sup> at 5:30pm  
 Saturday, November 20th at 6:30pm

### December

Food Sale  
 Annual Pork Dinner

Sunday, December 5th at 1pm (tentative)  
 Sunday, December 5th at 2pm (tentative)

### Holy Trinity Lutheran Church



508 Green Pond Road • Rockaway, NJ 07866  
 973-625-0110  
 HTLchurch@gmail.com  
 www.rockawaylutheran.org

### Sunday Worship Sunday School 11 am

Pastor Jack DiMatteo  
 Communion is celebrated every Sunday.  
 The 2<sup>nd</sup> Sunday of each month is our  
 Contemporary Service.

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92 W Shawnee Tr.  
Wharton NJ 07885  
973-663-1070  
anne@smallworld-travel.com

Although things are uncertain it can be a good time to think about what you may like to do for vacation when this is all over. We can help. Give us a call.



GOD BEDRING

We would like to send get well wishes to Rita Kugler, Bill Nostrand, Marilyn Pettersen, Hessie Kjekstad,




**NOTIFY Your Sunshine Lady**, Sister Evelyn Hammaren, 973-584-8249 ASAP if you know of anyone who is sick, or if you wish to extend congratulations to someone, For whatever reason It only takes a minute to call.

**TUBFRIM**

Please note: Evelyn Hammaren will collect the stamps that our members collect for Tubfrim. Bring your stamps to the lodge. She will continue to take care of sending them on so that they can be sent to Norway.

**SHOPRITE CARDS**



We are still selling Shop-Rite Gift cards You can call Evelyn Karpack at 973-479-5526 to request them. Then, simply mail a check to Nor-Bu Lodge, PO Box 317, Hibernia, NJ 07842. She will then mail the cards back to you. Let her know the amount \$50, \$100 or more.

**Gratulerer med Dagen**

- Amy Westby
- John Titus
- Jeff Dirgo
- Benndict Weber
- Harrison Weber
- Karen Grunavage
- Roy Karlsen
- Jeffrey Hebron
- Evelyn Nelson
- Lisa Bischer
- Evelyn Hammaren
- Barbara Lehner
- Roy Nilsen
- Nancy Ambjor
- Amanda Lee
- Kimberly Jenkins
- Randi Jenkins
- Kaare Allan Johnson
- Nancy Michael
- Shane Randazzo
- Adam Salberg
- Robrt Thorsen
- William Matyola
- Louise Cluett Thoresen
- Judith Durkin
- Christian Nielsen
- Zach Brescher



**LANGUAGE CLASSES**

In an effort to keep some of our members together in a virtual fashion, Kari Brescher is holding Norwegian language classes on Zoom every week or every other week as needed.

You can contact Kari by phone at 973-627-6334 or by email at karifbrescher@gmail.com. Several of our members have found this Zoom contact to be enjoyable and in some way able to keep the Nor-Bu Lodge contact alive. Please consider joining the classes. You may find it very enjoyable. See picture of class members in the Viking Magazine.

### 3D President Letter - MAY



May is a pretty month here in the Northeast. It is also a busy month. There are dates in this month that we can celebrate. It's time to fly the flags. **May 8<sup>th</sup>** Norwegian Liberation Day (known in Norwegian as **Frigjøringsdagen**) and International Viking Day, honor Mom on **May 9<sup>th</sup>** Mother's Day, Hurrah for **May 17<sup>th</sup>**. The 17<sup>th</sup> has many names (syttende mai (17<sup>th</sup> of May), Nasjonaldagen (The National Day) or Grunnlovsdagen (The Constitution Day) **so what better time to fly your Norwegian Flag.** Memorial Day, **May 31<sup>st</sup>**, is a US federal holiday remembering the people who died while serving in the armed forces and marks the start of the unofficial summer vacation season.

I'm pleased and proud to say the Norwegian Flag will fly over Philadelphia City Hall on May 17<sup>th</sup> and I will be attending the ceremony. If your lodge is meeting whether by Zoom or in person this is a great month to provide a history of our organization (126 yrs) and the reason behind organizing. Recounting the history of our organization is a perfect way to celebrate and reaffirm the enduring power of Sons of Norway. Our values of trust respect, and care are as essential today as ever before.

Here in my part of Pennsylvania it is azalea time, dogwoods budding time, cherry blossoms time, daffy-dills, hydrangeas, the smell of new cut grass, oh I could go on. But the fact that we can get outside and *BREATHE*. *Oh Yea!* My son has all sorts of allergies so I do feel for him and anyone dealing with pollen etc., but I am so happy to be outside now and hope you will be able to get out and about too. I went out to a lodge meeting and we had a wonderful time. Now we are talking about being outside for meetings and programs. I hope you are all able to get your covid shots as things are starting to open up and get back to normal. As the temperatures warm and you spend more time outdoors in your yard or walking the neighborhood, you may be more acutely aware of the birdsongs in the air as spring gets into full swing. As you take your walks use this opportunity to add to your sports medal. The Sons of Norway Sports Medal Program is a fun and engaging way to stay active while enjoying the Norwegian tradition of *friluftsliv (outdoor life and recreation)*! It's uniquely designed to reward healthy habits at every age, activity level and exercise preference. Talk to your lodge Sports Director for information on different awards. Have a great summer and we'll connect in September. Ha en fin sommer, nyt naturen vi kobler till i september.

**Fraternally, Kathy**



*The folks that help bring you the newsletter.*  
**Booster Club Members**

Norman & Nancy Ambjor.....	3/2022
Stuart Anderson.....	12/2021
Kristine Anker-Kaufmann.....	9/2022
Dorothy Furst Bahnatka.....	7/2023
Kari & Frank Brescher.....	5/2021
Anne-Lise Henriksen Carew.....	3/2023
Jeff & Debbie Dirgo.....	9/2024
Kim Dwyer.....	5/2022
Marit Fosstveit.....	4/2022
Gail Garnett.....	11/2021
Peggy Gerding.....	6/2021
Audun Gythfeldt.....	5/2023
Norman & Jean Halls.....	8/2022
Barbara Hanenberg.....	5/2022
Ellen Hantho.....	3/2023
Vega & Arthur Hendela.....	4/2024
Henny Henriksen.....	12/2021
Barbara & Peter Johanson.....	12/2021
Stan & Hessie Kjekstad.....	2/2022
Irma Bergland Lafko.....	11/2021
Debbie Landvik Larsen.....	4/2022
Joe & Barbara Lehner.....	8/2022
Bjorg Lema.....	11/2021
Gerda Lindstrom.....	3/2022
John & Claire Loken.....	9/2021
Viola Murillo.....	6/2021
William Nostrand.....	3/2021
Mary & Harry Ostevik.....	1/2022
Charly Pedersen.....	5/2021
Neil Pedersen.....	10/2021
Marilyn Petterson.....	1/2023
Judy & Eugene Randazzo.....	12/2022
Gunvor Satra.....	1/2023
Ray and Carol Schutz.....	9/2021
Barabara & Roy Selland.....	6/2022
Joanne Schaper.....	12/2021
Kevin Smith.....	2/2025
Elsie Svaasand.....	1/2022
Joyce Svendsen.....	12/2021
Mari Svensen.....	2/2022
Angie Thompson.....	1/2022
Austin Thompson.....	1/2022
Joanne Thompson.....	1/2022
Robert & Mary Thompson.....	1/2022
Gwyn Anne Thompson.....	1/2022
Mary Ellen Thompson.....	1/2022
Garth Eric Thompson.....	1/2022
Gindy Dale Thompson.....	1/2022
Garon Keith Thompson.....	1/2022
Gayle Elaine Thompson.....	1/2022
Heather Thomson.....	1/2022
Jason Thompson.....	1/2022
Laura Thompson.....	1/2022
Thelma Thompson.....	1/2022
Barbara & Karl Peter Thorsen.....	4/2024
Richard & Ellen Tonnesen.....	10/2021

**You can be a booster too! Adding your name to the booster list helps to pay for mailing and printing. \$ 10.00 donation to the Treasurer will put you on the list! Make Check out to Nor-Bu Lodge.**

**Mail to:  
 Anne-Lise Meisner, 92 W. Shawnee Trl., Wharton, NJ 07885**

**Memorial Boosters**



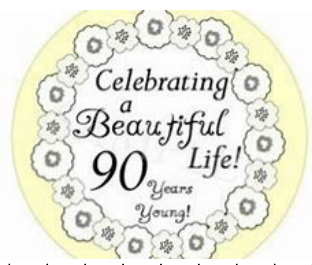
*In Loving Memory*

Margaret Gythfeldt	October 2022
Daniel Lema	October 2021
Arne Landvik-Larsen	December 2022
Arnt & Solveig Walaas	April 2028
Louise Scantlebury	June 2021
Ruth & Ivar Skavnes	October 2021
Eileen Anderson	December 2021
Evelyn & Oscar Tonnesen	October 2021

**Special Birthday Congratulations**

We are celebrating our 90 plus members for May

Christian Nielsen 98  
 Kaare Allan Johnson 97  
 Evelyn Nelson 91  
 Evelyn Hammaren 91





## NOR-BU LODGE SPRING FOOD SALE

### CHEESE

Blended Gjetost \$9.00  
Nøkkelost (limited) as marked  
Norvegia sale 25% off as marked  
Snøfrisk \$3.75  
Gulost \$9.50

### CANDY

Selskap Chocolate \$4.75  
Dronningen Chocolate \$4.75  
Gullbrød \$4.50  
Mokkabønner \$8.50  
Laban (seigman) \$6.50  
Marsipan piglet \$4.50

### FISH

Fish Balls \$7.00  
King Oscar tidbits \$2.75 dill or sherry  
Mackerel Filets \$3.75  
Herring \$3.50

### OTHERS

Lingonberries (jar) \$5.50  
Lingonberries (pail) \$14.00  
Rødkål \$3.50  
Surkål \$3.00  
Vanilla Sukker \$5.00  
Mr.s Olsen's Lefse \$4.50  
Solo \$3.00

You will need to pre-order. Some items are very limited. Please send your order to Anne-Lise Meisner at email [anne@smallworld-travel.com](mailto:anne@smallworld-travel.com) or call 973-663-1070.



### "Nor-Bu Nordic Ski & Outdoor Club".

Dawn Green and Jill Hammaren, have come up with an idea to create events to get together with other members to do stuff outdoors like cross-country skiing, walks and hikes. Jill and Dawn have been talking about this for a while. They will organize all levels of walks/ hikes considering the various needs and interests of Nor-Bu members.

Keep watching, more outdoor activities in the planning.  
Walk-a-thon for October to raise money for Alzheimer's may be a virtual one. More info in next newsletter..

With all of us having been pretty much cooped up inside for almost a year, this might be a way for us to get out and be able to do things and to be together with some of our members.



## Lawn Mower

**With spring already here the lodge is in need of a riding lawn mower. If any one knows of someone wanting to sell or donate a used mower in good shape, we would appreciate it if you could contact me, Anne-Lise at 973-663-1070 or by email at [anne@smallworld-travel.com](mailto:anne@smallworld-travel.com).**

## SPECIAL FOOD ORDERS FOR CHRISTMAS

In order for the wholesaler to order the Freia chocolates, (meaning firkløver and milk chocolate) they need to get enough preorders to be able to fill their minimums. That means that many lodges need to pre order chocolate. I have requested some but need to know if I need to increase our order. So I ask anyone interested in buying this chocolate to let me know how many they want.

We also need to include orders for Marzipan pigs and Kong Haakon chocolate for Christmas.

I know this is early but I need your responses in time so that I can place the order with them by June. They need to place their orders with Norway very early.

Please respond to me Anne-Lise Meisner, by email [anne@smallworld-travel.com](mailto:anne@smallworld-travel.com)



## 3D Charitable Trust Donation Form

Thank you for your donation and support. I invite you to fill in the form below and mail with your check to continue the good work we do for our Brothers and Sisters of the Third District. You can either print or download this form in order to fill it out.

Donations: Lodge # \_\_\_\_\_ Individual Donation \_\_\_\_\_ Amount \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

CIRCLE ONE: Lodge Gift -- Memorial Gift -- Dedicated to -- In Honor of --  
Name: \_\_\_\_\_

Acknowledgement to be sent to - Name \_\_\_\_\_

Address \_\_\_\_\_

Checks: Payable to -- District Lodge No. 3 Charitable Trust.

Mail to ---Peter Hanson – 327 Old Marlboro Rd. – Concord, MA 01742

Charitable trust is a 501(c)(3) Non-Profit – To the extent of the law, donations are tax deductible on federal & state returns.

Thank you for your generous support. For questions contact [counselor@sofn3d.org](mailto:counselor@sofn3d.org)-

Fraternally,

Pete